

SAFEGUARDING NEWSLETTER

✳️ IFIELD COMMUNITY COLLEGE ✳️

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Safeguarding Team

SAFEGUARDING IS EVERYONE'S RESPONSIBILITY

**Designated Safeguarding Lead
Mr K Laundon**

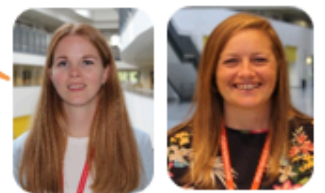


We strive to make sure all our students are safe in school, at home, on-line and in the community. Our staff are here to help keep you safe and to promote your personal safety and well-being.

Don't put up with it. Tell Someone!

Deputy Safeguarding Leads

**Miss R Baverstock
& Mrs G Clarke**



We're here to help

Safeguarding Officers



Child Protection Policy can be found on the school website:
<https://ifieldcc.org.uk/> -> Our School -> School Polices -> Child Protection Policy
 If the Safeguarding Team is not available, please contact the Principal, Mr D Conlon.

Anger Management in Children - NSPCC

Every year many thousands of children are referred to Childline for anger issues. Anger management in children is one of the top mental health concerns in childcare. Anger and the ability to control it are key skills of adulthood. Violent thoughts frequently bubble underneath human interactions. Anger is the quickest way for those thoughts to become reality. For this reason it is tightly regulated in our society. Children must learn to overcome anger so that they do not fall a foul of strict controls on violent conduct. However, this is difficult for children to learn to manage since anger is remarkably powerful. Yet as parents and teachers there is no choice but to teach them to reign these emotions in. This can be hard knowledge to impart, but the NSPCC has produced helpful resources to aid you in that vital mission. If interested, please follow the link below:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/arguments-conflict-family-tension>



NSPCC



6 WAYS CHILDREN CAN KNOW AND GROW THEMSELVES

- JOURNALING**
Encourage your child to keep a journal where they can reflect on their emotions, experiences, and goals.
- TAKING PERSONALITY OR STRENGTHS TESTS**
Tools like the Myers-Briggs Type Indicator (MBTI) can help them identify their unique traits and preferences. Discuss the results with them.
- MINDFULNESS PRACTICES**
Activities like meditation, yoga, or simply taking a few minutes to breathe deeply can help children become more aware of their emotions and reduce stress.
- TRYING NEW ACTIVITIES**
Encourage your child to step out of their comfort zone by joining a club, learning a new skill, or volunteering.
- SETTING PERSONAL GOALS**
Help your child set SMART goals (Specific, Measurable, Achievable, Relevant, Time-bound) to work toward something they care about.
- LEARNING FROM MISTAKES**
Normalise failure as part of growth. Share your own experiences of overcoming setbacks and emphasise the lessons learned.

The key is to help your child view challenges as opportunities to grow, rather than obstacles to avoid. For example, struggling with a difficult subject at school can become a chance to develop problem-solving skills and perseverance.

Important Reminder

If you change your home phone/email/mobile number, please let the school know, so that we have the most up-to-date contact details for you.

Online Safety Support for Children and Families

Please reach out to your Child's Pastoral Manager if you feel they would benefit from this project.

PROJECT SOLAH

Safer Online At Home

Free 1 to 1 support for young people

Helping young people to manage their online world safely, including friendships and relationships, social media, peer pressure and potential sexual exploitation.



Changing childhoods.
Changing lives.

For more info contact: jane.briscoe@barnardos.org.uk

M: 07731 591361

LETS TALK ABOUT LIFE ONLINE

10 Key Messages to share with your child

However and whenever you have a conversation with your child, here are 10 top tips you can share to support them in staying safe online.

- 1) **“You can always come to me if you need help.”** This is the most important thing to let your child know, and a way to give them confidence to speak to you when they need support.
- 2) **“What would you do if this happened...?”** Give your child strategies to deal with upsetting experiences online.
- 3) **“Remember that not everyone is who they say they are online.”** Remind your child to always tell an adult if anyone they only know online makes them feel uncomfortable, or asks to meet up or share personal information or images.
- 4) **“Keep your personal information safe, and other people’s too.”** This includes full names, contact details, and real-time locations.
- 5) **“Be respectful to others online.”** Remind them if it’s not okay offline... 6. **“Think before you post.”** Help your child to be aware that their online actions can have consequences for themselves and others.
- 7) **“Remember to ask if it’s okay.”** Asking for, and receiving permission from others online is important before sharing images, adding people into group chats, etc.
- 8) **“Remember not everything is true online.”** Help your child to be a critical thinker to find accurate information.
- 9) **“The things other people post online might not always show what their life is really like.”** Reassure your child that nobody’s life is as perfect as it may seem online, and judging yourself against other’s online lives isn’t a fair comparison.
- 10) **“Recognise how going online makes you feel and take a break when you need to.”** Your child may need support in doing this, such as timers and reminders

[Resources lets talk about life online](#)



Violence Against Women and Girls (VAWG)

What Is Violence Against Women and Girls (VAWG)?

VAWG refers to a range of abusive behaviours that disproportionately affect women and girls and are rooted in power, control, coercion and inequality. These include:

- Domestic abuse (physical, emotional, sexual, financial, psychological)
- Sexual violence and sexual assault
- Sexual harassment
- Coercive and controlling behaviour
- Stalking and harassment
- Online abuse and image-based abuse
- Child sexual abuse and child sexual exploitation
- Forced marriage
- Honour-based abuse
- Female Genital Mutilation (FGM)
- Trafficking and exploitation

Children and young people may experience VAWG:

- Directly as victims, or
- Indirectly as witnesses within the home and community

Both experiences constitute significant safeguarding harm.

Children who witness domestic abuse are victims in their own right. (Domestic Abuse Act 2021)

Why VAWG Matters in Schools Pupils may:

- Witness domestic abuse at home
 - Experience controlling, abusive or exploitative relationships
 - Be subjected to sexual harassment or assault
 - Be pressured to share sexual images
 - Experience online abuse, threats or blackmail
 - Internalise harmful attitudes about consent, gender and power
-
-

2025 VAWG Survey – Social Media Toolkit

Instagram:

@SussexPoliceForce are asking women and girls across Sussex what needs to change.

Your voice has power. Start the survey → sussexpolice.welcomesyourfeedback.net/s/vawg25 ✨

Asset - Download here: [Character designs](#), or share our post here: [Instagram](#)

Facebook:

We're helping spread the word about @SussexPoliceForce's survey, because every woman and girl in Sussex deserves to feel safe.

Your perspective can help make a difference. 💜

Share where you feel safe, where you don't and what needs to change.

The survey is anonymous and takes around 10 minutes to complete.

Have your say and help shape a safer Sussex 🙋 sussexpolice.welcomesyourfeedback.net/s/vawg25

Asset - Download here: [Character designs](#), or share our post here: [Facebook](#)

LinkedIn:

We're supporting @SussexPolice's efforts to better understand the experiences of women and girls across our county.

Their survey is now open, seeking honest feedback from women and girls on their perceptions of safety in public spaces.

If you've experienced a situation in Sussex that made you feel unsafe, you can share it anonymously at the link below.

Your input can help make Sussex safer.

Click here to fill in the survey: sussexpolice.welcomesyourfeedback.net/s/vawg25 🔗

Asset - Download here: [Character designs](#), or share our post here: [LinkedIn](#)

Our accounts and tags:

[Sussex Police Facebook/](#) @SussexPoliceForce

[Sussex Police Instagram/](#) @SussexPoliceForce

[Sussex Police LinkedIn/](#) @SussexPolice

[Sussex Police YouTube](#) @SussexPoliceForce

[Sussex Police X \(formally Twitter\)/](#) @SussexPolice

Illustrator Connie Noble

[Connie's Instagram/](#) @consbea

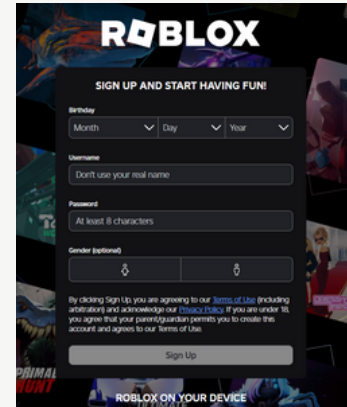
[Connie's Website](#)

ROBLOX ANNOUNCES FACIAL AGE CHECKS FOR CHAT FEATURES

ROBLOX

The introduction of the Online Safety Bill earlier this year has brought welcome controls over what we and our children can access online.

Roblox has announced a major update to its safety features, describing its new facial age-check requirement for chat features as a potential “gold standard” for online safety. Roblox’s newest measures are an ambitious step forward and if implemented effectively, may set an important precedent for other platforms to follow.



Age-Appropriate Communication

Roblox’s introduction of mandatory facial age checks for chat access represents a notable shift in how online platforms may approach user verification in the future. Roblox will soon assign users towards age groups using facial checks whilst restricting cross-group communication. Roblox has also defaulted experience-based chat to “off” for under-9s (unless a parent explicitly agrees) as an additional part of their new update. This is a move for Roblox to reduce inappropriate contact between adults and younger users as well as work towards keeping younger people in safer digital spaces when using chat features.

Privacy Considerations

Roblox emphasises that the facial age estimation process uses privacy-protective methods, with images processed solely for age verification and then deleted immediately. Protecting children’s biometric data is critical, and it is positive to see Roblox acknowledging that trust in such a process, hinges on transparency and robust safeguards.

As with any technology dependent on biometric estimation, accuracy, and security will be vital. We look forward to learning more about how these assurances are upheld in practice.

The Impact Will Matter

While these initiatives are promising, their success will ultimately depend on:

- Implementation quality: Are these age checks reliable, accurate, and accessible for global users?
- Impact: Will these processes evidently reduce harmful interactions and improve safety for users?

If these measures operate as intended, they could pave the way for a new industry standard, encouraging other platforms to adopt similar age-sensitive approaches.

We welcome the intention behind these developments and the willingness to lead on an issue that affects millions of young people worldwide.

At the same time, we will watch closely as the features roll out in December and January across the world. Meaningful change depends not just on strong policies, but on their practical, measurable impact on users’ experiences.

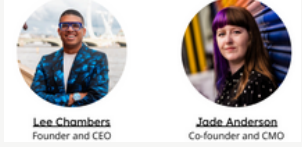
<https://swgfl.org.uk/magazine/roblox-announces-facial-age-checks-for-chat-features/>



The Voice of the Boys

How boys in secondary school education feel about being a boy today.

Introduction



Lee Chambers
Founder and CEO

Jade Anderson
Co-founder and CMO

What are boys in the UK really thinking about at the moment? What do they think about technology, gender, and their future? Who are they listening to and learning from? Male Allies UK has travelled across Great Britain to find out what boys between 11 and 16 think, beyond the sensationalism and noise of Adolescence and the current research narratives of boys being lost and left behind. The data and perspectives paint an interesting picture of concerns and challenges, alongside optimism and solutions. Secondary school is a crucial age and playground for learning, questioning, and testing social norms and gendered stereotypes. Early intervention and education about gender equity is essential in tackling how these norms and stereotypes are ingrained – which happens from as early as 6 years old. This work is therefore essential to our mission of creating the equitable and inclusive workplaces of the future because these boys are soon to be joining our workforces. The world is different now than when we were growing up, and with today's climate – with reports of boys in crisis, misogyny rising, and pushbacks to diversity, equity, and inclusion – it's important to listen to boys about what's relevant to them today so we can best support them.

Key findings

81% of boys don't feel there are enough spaces to be a boy today. 72% of boys don't have more than one person who knows them 'really well'. 79% of boys aren't clear what masculinity is. 65% of boys don't think school is preparing them for the future. 54% of boys think boys have it harder than girls today. 82% of boys don't trust politicians in the UK.

Executive summary

Boys lack spaces to be, close relationships with people who know them well, and are vulnerable to loneliness and misguidance as they struggle with the balance of real life and online influences. There is a stark difference between how boys use AI compared to how most adults use it, with many boys turning to chatbots for emotional support, friendships, and romantic relationships. While recognising that feminism has made the world a better place, over half of boys think they have it harder than girls today and many say they're made to feel like a problem. Boys watch a varied set of online influencers but most don't identify with Andrew Tate, instead watching the new age of manosphere influencers, some of whom were themselves influenced by the Tate brothers. Secondary school boys feel a range of pressures that vary from individual to collective – from their personal appearance to global conflict. Yes, boys care about gaming and football, but they also care about peace and equality. Amid the many challenges raised by boys we interviewed – the search for purpose and meaning and the pressures of navigating adolescence – an overarching theme appeared. Boys today really care and want to care for others, are searching for belonging and connection, and are yearning for people to listen to them and build trust with them.

Full Article

<https://www.maleallies.co.uk/wp-content/uploads/2025/10/Male-Allies-UK-The-Voice-of-the-Boys-Report.pdf>

Prevent update

RESILIENCE TO ONLINE RADICALISATION



West Sussex County Council Countering Extremism Team are excited to offer training delivered by Small Steps either to parents, professionals or direct to year 8 (12-13 years old) school students. This unique training is led by a former extremist, from an Extreme Right-Wing background. Offering a raw and personal insight into how distorted narratives radicalise communities.

The session will help you or the Young People:

- Understand the dangers of certain platforms used by extremists
- Recognise signs of radicalisation
- How to have difficult conversations and what to do if approached by an extremist
- Understand the connections between the Extreme Right-Wing and mixed ideologies such as the Incel movement and the manosphere
- Critical thinking and build real-life resilience to extremism
- Interactive gaming activities that showcase strategies used by extremists on virtual platforms

These sessions are aimed at year 8 (12-13 years old) school students, their parents or professionals supporting them, whether these students are home-schooled or attending mainstream schooling.

If you are interested in hosting a session that Small Steps can come and deliver, either face to face or via webinar - please get in touch!

All of these sessions are offered on a 'First Come First Serve' basis, so if you are interested, please get in touch today!!

Small Steps:

info@smallsteps.ltd

ask@smallsteps.ltd



Early Help Family Hub Offer

We help children, young people and families who need extra support.

We work with families, in their own homes and in the community, helping tackle problems before they become more difficult to reverse.

What do we offer?

- **Information, Advice and Guidance:** This is impartial support on a range of concerns to help all families, children and young people aged 0-19 (25 if SEND) which can be accessed by phone or by popping into your local Family Hub.
- **Crisis Support:** We can support families to get emergency access to food, utilities and other household items.
- **Funded Early Years Childcare Entitlement:** We can explain the options and support you to apply for funding. We also have up to date information about childcare providers in your area.
- **Find It Out Offer (FIO):** This service is for all young people aged 11-19 (up to 25 for young people with SEND or a disability) offering 1 to 1 support, information, advice and guidance and signposting to other support services.
- **Sensory Toy Library:** A great selection of toys and resources for children under the age of 5 and young people with SEND or a disability. Come and see what we have to borrow and take home.
- **Magic Carpet/Sensory Rooms:** Great for enhancing sensory skills, improving concentration, assisting social and emotional development. Booking needed. *Not available in all of our family hubs but at least one in each district.
- **Healthy Start Vitamins:** We stock these for those already registered and we can also explain and support you to apply for the scheme.
- **Breast Pump Loan & Breast Feeding Support:** This service can be accessed via a referral from your Health Visitor 01273 242004 and by contacting your local hub for further information.
- **SEND Support:** We can help you with finding support/activities/groups. You can also look at <https://www.westsussex.gov.uk/local-offer/>
- **Public Computers:** Available in all family hubs to use, if you have no online access at home.

Where and When?

- Access the Family Hubs daily (Monday - Friday) between 9.15am - 5.00pm
 - In Person
 - By Telephone
 - Via Facebook

Scan the QR code below to find your local Family Hub. You can also find our Facebook links here.



FREE SHOP

 CHRISTMAS APPEAL

EVERYONE DESERVES A CHRISTMAS
 WE HOPE EACH HAMPER WILL INCLUDE

- 1 TUB OF GRAVY
- 1 WHOLE CHICKEN
- 1 PACK OF PIGS IN BLANKETS
- 1 PACK OF YORKSHIRE PUDDINGS
- 1 PACK OF CROISSANTS
- 1 PACK OF BUTTER
- 1 PACK OF FESTIVE BISCUITS
- 1 PACK OF FAMILY SIZE CRISPS
- 1 PACKET OF NUTS
- 1 BOX OF CHOCOLATES
- 1 JAR OF JAM
- 1 PACK OF STUFFING
- 1 JAR OF CRANBERRY SAUCE
- 1 BOX OF CRACKERS
- 1 BOTTLE OF ORANGE JUICE
- CHRISTMAS PUDDING



BE THE REASON A
 CHILD SMILES
 THIS CHRISTMAS



IF YOU WOULD LIKE TO BUY A
 PRESENT FOR A CHILD IN
 FINANCIAL HARDSHIP
 SCAN THE QR CODE THAT WILL
 TAKE YOU TO OUR AMAZON
 WISH LIST



SCAN HERE



A £50 DONATION WOULD BUY
 A FAMILY'S CHRISTMAS DINNER



A £25 DONATION WOULD BUY PYJAMAS
 AND UNDERWEAR FOR A CHILD

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 INFO@FREESHOPCRAWLEY.COM WWW.FREESHOPCRAWLEY.COM

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FREE SHOP

— PROVIDING DAILY ESSENTIALS —

DID YOU KNOW?



<p>THE FREESHOP OFFER PROVIDES A WIDE RANGE OF SUPPORT, ACTIVITIES AND WORKSHOPS</p>	<p>PRIORITY FOR THE FREESHOP OFFER IS GIVEN TO REGISTERED FREESHOP CUSTOMERS AND THOSE IN FINANCIAL DIFFICULTY</p>
<p>FINANCIAL DIFFICULTY MEANS PRIORITY BILLS ARE COVERED, HOWEVER THERE IS NO SPARE MONEY FOR EMERGENCIES.</p>	

DID YOU KNOW ?

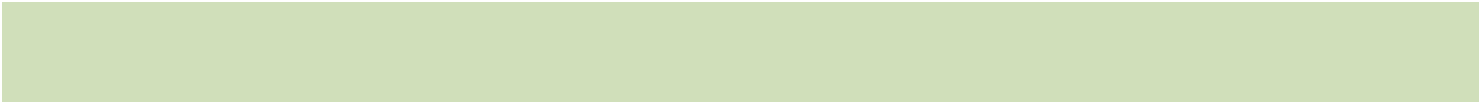


<p>FREESHOP IS FOR PEOPLE IN FINANCIAL HARDSHIP</p>
<p>FINANCIAL HARDSHIP IS WHEN AN INDIVIDUAL IS UNABLE TO MEET FINANCIAL OBLIGATIONS,</p>
<p>THIS MEANS THEY ARE UNABLE TO PAY THEIR BILLS AND FEED THEMSELVES.</p>

DID YOU KNOW ?



<p>FREESHOP IS A FOOD BANK THAT RUNS ON A DONATION BASIS</p>
<p>WE PRIORITISE STOCKING ESSENTIAL FOOD ITEMS.</p>
<p>ANY NON FOOD ITEM THAT IS DONATED IS A BONUS.</p>



Support for Students

YES

Youth Emotional Support

Self-harm, low mood, difficult relationships, anger issues, anxiety, sleeplessness, difficulty with eating and weight.

SCAN ME



FIND IT OUT

Mon- Fri

9am-5pm

01403 229900

Centenary House, RH10 8GP

See FIO poster for more info

Visit your
GP

NHS

Chat Health

TEXT your School Nurse
07480 635424

Mon - Fri
9am-4:30pm

THE SHARP SYSTEM

Need someone to talk to?
Worried about yourself or a friend?

Make a **REPORT**



Zumos

SCAN ME



Crawley LGBTQU+



SCAN ME

CEOP

Are you worried about online sexual abuse?
Let us know safely and securely



Childline

0800
1111



SCAN ME

TEXT SHOUT 85258

Anxious?
Worried?
Feeling Isolated?
Lonely?
Depressed?

allsorts

Are you lesbian, gay, bisexual or trans?
Are you unsure?
Are you under 26?
Would you like to meet other LGBT+ young people or get support?

01273 721211



SCAN ME

Young Carers

01903 270300



Jigsaw

Child Bereavement
01342 313895



9:30am-
12:30pm
Mon - Fri